

TPWG+MD

“Bridging the gap in mental health care.”

TPWG is thrilled to now offer medical services to our existing clients via an exciting new division of the clinic, **TPWG+MD**, which has been designed to enhance the delivery of comprehensive, multidisciplinary mental health care to the greater Toronto community.

Through the collaboration of a dedicated team of Psychologists, Social Workers, Psychotherapists, Physicians and Nurse Practitioners, **TPWG+MD** integrates medical expertise with psychosocial interventions that promote excellence in mental wellness and recovery.

TPWG+MD Services:

For Children and Adolescents

Comprehensive Eating Disorder Assessment

A three-part intake featuring medical (90 minutes), psychosocial (60 minutes) and dietetic (60 minutes) assessments to determine diagnosis and treatment planning. This service is also part of our Outpatient Adolescent Eating Disorder Program.

Child or Adolescent Medical Consultation

A 90 minute medical consultation to assess and make recommendations to start or optimize medication and related mental health treatment planning. Parents and/or caregivers are welcome as part of the consultation process. This service is covered by OHIP.

Medical Monitoring

A 45 minute follow-up to monitor and manage physical challenges associated with mental health. This is often utilized in Eating Disorder treatment to facilitate and protect medical stability. This service is covered by OHIP.

For Adults:

Comprehensive Eating Disorder Assessment A three-part intake featuring medical (90 minutes), psychosocial (60 minutes) and dietetic (60 minutes) assessments to determine diagnosis and treatment planning.

Adult Nurse Practitioner Medication Consultation

A 90 minute consultation with a Nurse Practitioner to assess and make recommendations to start or optimize medication and related mental health treatment planning.

Medical Monitoring

A 45 minute follow-up to monitor and manage physical challenges associated with mental health. This service is particularly helpful for individuals in recovery from an Eating Disorder or with somatic concerns.

TPWG MD FEES:

Comprehensive Medical Assessment includes physician (90mins, covered by OHIP), psychology (60mins), dietetic assessment (75mins), and feedback session (45mins). This service is for those 17 and under.	\$575
Physician Appointments	*OHIP Covered
Nurse Practitioner Appointment	\$200 (50 min) \$100 (25 min)

* A valid OHIP card and physician referral is required to access this service

How to Book:

As an existing client of TPWG you will have priority access to medical and nurse practitioner appointments. Your primary clinician will be able to help you determine which physician or TPWG+MD staff may be best able to support your needs. They can connect you with our administrative team via email to book these appointments at your convenience.

Please note that our pediatrician and adolescent medicine physician are considered medical specialists and require a referral from your family doctor or a walk-in clinic Our referral form is available on our website.